



LIVE MY LIFE



UNIVERSITY OF HELSINKI

Mikko to visit Edinburgh.
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Exchange visits between
University of Edinburgh and
University of Helsinki staff.
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Lyn to visit Helsinki.
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UNA EUROPA VISIT TO HELSINKI



HELSINKI CATHEDRAL

The exchange was fantastic! My exchange colleague, Mikko visited Edinburgh in September and he had a busy schedule - visiting colleagues around the University of Edinburgh. My visit to Helsinki was 1 month later. The exchange was a great

match and I found the work very similar in many areas and was able to bring several ideas back home. I visited many of the beautiful buildings within the city, and at the University. The work shadow sessions and presentations by Helsinki

colleagues were much appreciated – and the bonus of sharing the visit with two other exchange visitors from the University of Bologna added to the whole experience. We enjoyed the sharing of information and discussing our similarities – and differences!

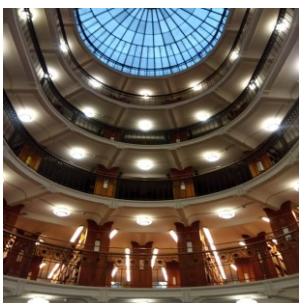
I would recommend this exchange programme to colleagues hoping to share some knowledge and exchange of ideas to those in similar roles in Institutions in other European cities – it was a thoroughly enlightening experience.

PhD Public Defense



One highlight of the trip was attending a PhD public defense. In UK the PhD viva voce is a very private event attended by only the student and two Examiners. However, in most of Europe this event is quite a large event, attended by colleagues, friends and family. The student had 20 minutes to present the work. The Opponent then gave a critique of the thesis, with an opportunity to interrogate the student. Following this discussion, the student was advised of the successful outcome, and celebrated with everyone present.

Sightseeing around Helsinki University and the city is quite easy – walking, tram, bus or even ferry!



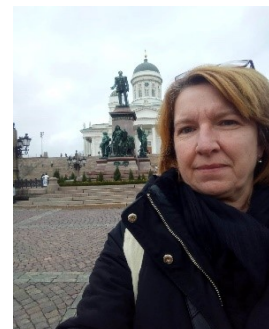
National Library



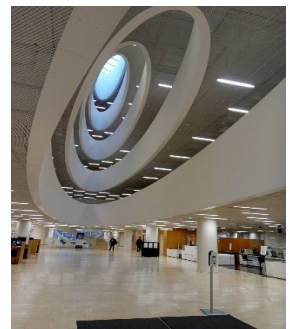
Suomenlinna Fortress



Great Hall, Main Building



Senate Square



University Library