

Freie Universität Berlin Alma Mater Studiorum Universitá

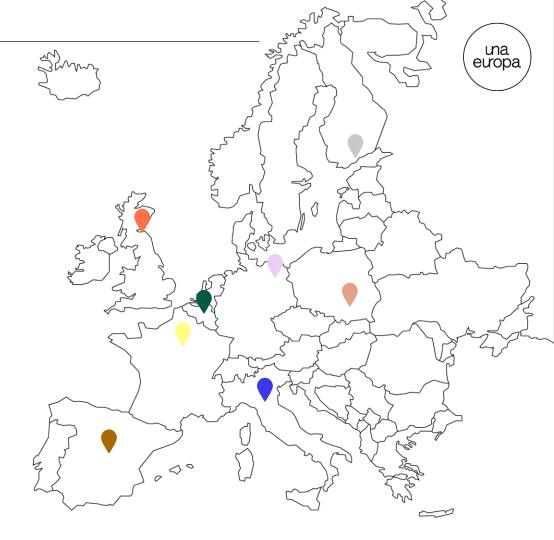
di Bologna

The University of Edinburgh Helsingin yliopisto Uniwersytet Jagielloński w Krakowie KU Leuven

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Universidad Complutense de Madrid Université Paris 1 Panthéon-Sorbonne

- + Freie Universität Berlin
- + Università di Bologna
- + The university of Edinburgh
- + Helsingin Yliopisto
- + Uniwersytet Jagielloński w Krakowie
- + KU Leuven
- + Universidad Complutense de Madrid
- + Université Paris 1 Panthéon-Sorbonne



Una Europa is an alliance of eight European universities



Our partner universities



Freie Universität Berlin



Alma Mater Studiorum Università di Bologna



University of Edinburgh



Helsingin Yliopisto/ Helsingfors universitet



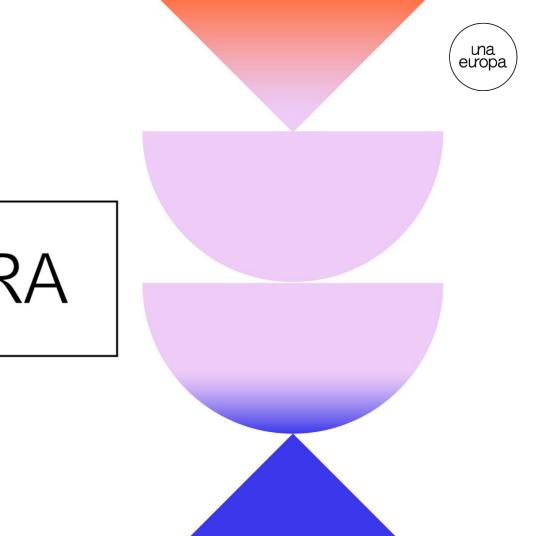


Uniwersytet Jagielloński w Krakowie

KU Leuven

Universidad Complutense de Madrid

Université Paris 1 Panthéon-Sorbonne





Una.Futura

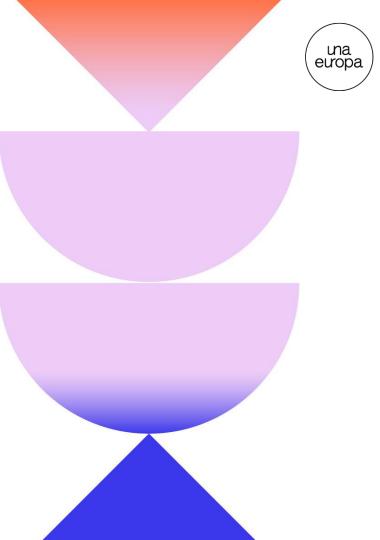
Una.Futura is an open innovation design process aimed at developing solutions to address real challenges in the socio-economic environment that are connected with the impact of the digital revolution which influences changes in the social world.

This action is an element of the DIGITALIZED! project which is financed by the Polish National Agency for Academic Exchange as part of the Academic International Partnerships programme and the Excellence Initiative -Research University programme financed by the Polish Ministry of Science and Higher Education.



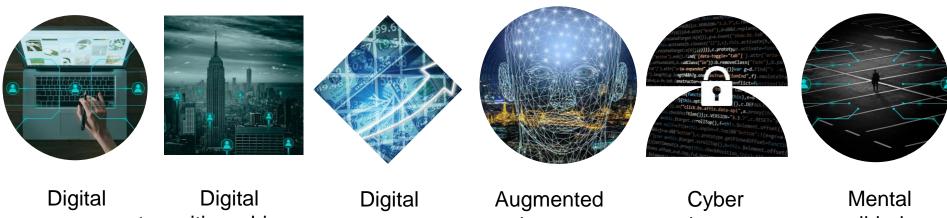
POLISH NATIONAL AGENCY FOR ACADEMIC EXCHANGE





Challenges





empowerment

citizenship

economy

human

threats

well-being and social relations in the digital world

Teams





Preparation phase



28.04-21.05.21

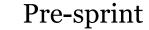
24.05-01.06.21

- Recruitment of students
 and PhD students
- Evaluation of candidates and creation of teams
- Official team announcement

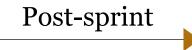
01.06.21

Una.Futura project





Design sprint



- Official project kick off (21.06)
- Design teams kick-off (21.06)
- Pre-sprint starts, research and informal networking (21.06-02.07)
- Sprint Kick off (05.07), running design sprint
- Concepts and rapid prototypes as the desired output

- Una.Futura Concept Book (free pdf, concept solutions, teams, staff)
- Further improvements and design iterations by concerned teams possible on voluntary basis

Una.Futura Pre-sprint



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- Official Kick-off of the project
- Design team's kick-off
- Icebreakers and introductions

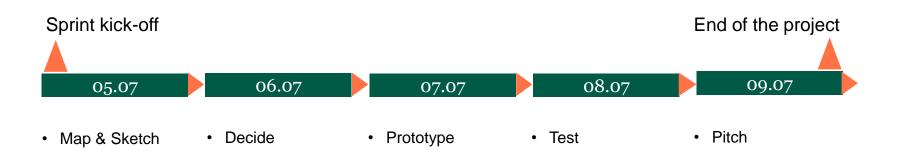
- Individual & team research (flexible commitment)
- Team's networking
- Learning tools and methodology (asynchronous)
- Challenge scoping and insights

Una.Futura Pre-sprint



WHO	Day 1 (21 June)	Week 1 (22-25 June)	Check point 1 (25 June)	Week 2 (28 June – 2 July)	Check point 2 (2 July)
Everyone (design teams, facilitators, experts, testers, partners, organizing team)	Project kick-off				
Commitment	1,5 h				
Design teams, facilitators, experts	Design-team kick off Introductions Ice-breakers Task division	Individual research Challenge scoping Team meetings & integration	Presentation of insights and Challenge scoping	Individual research Challenge scoping Team meetings & integration	Presentation of refined insights Final decision on the Challenge scoping
Commitment	1,5 h	Flexible commitment based on declared availability	1,5 h	Flexible commitment based on declared availability	1,5h

Una.Futura Sprint



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Una.Futura Sprint

		Day 1 (Map & Sketch)	Day 2 (Decide)	Day 3 (Prototype)	Day 4 (Test)	Day 5 (Pitch)
Morning event	30'	Sprint kick off	Event TBA	Morning Una integration	Event TBA	None - extra sleep
Intro	5'	Goal of the day	Goal of the day	Goal of the day	Goal of the day	Goal of the day
Team workshops & short breaks	3h	Workshop 1	Workshop 3	Workshop 5	Workshop 7	Communication development
Main break	45'	Lunch break	Lunch break	Lunch break	Lunch break	Lunch break
Team workshops & short breaks	3h	Workshop 2	Workshop 4	Workshop 6	Workshop 8	Pitching & Farewell
Outro	15'	Output presentation	Output presentation	Output presentation	Output presentation	Closing
Hours in total	7,5h	7,5h	7,5h	7,5h	7,5h	7,5h
Evening networking & freeride		Homework & Informal team meeting	Evening intra- challenge integration			Una.Futura party

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Una.Futura Post-sprint



12-31.07.21

- Una.Futura Concept Book (free pdf, concept solutions, teams, staff) and dissemination of the results
- Recognition by Una Europa
- Further improvements and design iterations by concerned teams possible on voluntary basis

Main actors



Design sprint teams*	Bachelor/ master students/ PhD students from various backgrounds and different universities / 5 per team from at least 3 Una Europa partner universities
Facilitators*	Design thinking/sprint coaches / one per team
Experts	Experts in design challenge areas (from academia or outside), including academic experts, users, citizens or others / one per team
Testers	Students who wish to support the process only during testing phase / 5 per team

* the commitment requires releasing from regular duties for the duration of the sprint (05-09.07.2021)

Design sprint teams

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Bachelor/ master students/ PhD students from various backgrounds and different universities / 5 per team from at least 3 Una Europa partner universities

Pre-sprint tasks and workload (21.06-02.07):

- Join the project kick-off and design team kick-off (21.06) / 1,5 hours
- Individual & team research / (flexible commitment based on declared availability)
- Team networking, 3 informal meetings with the design sprint team and facilitator / 3x1,5 hour
- Tools and design methodology learning / individual student decision, asynchronous
- · Challenge focusing / flexible commitment based on declared availability

Design sprint tasks and workload (05-09.07):

 Carrying out all design sprint activities including research, interviews, prototyping and producing all the output materials / 5 x 7.5 hours per day (including breaks)

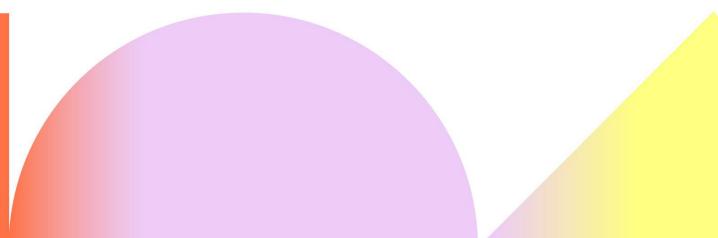
Facilitators

Pre-sprint tasks and workload (21.06-02.07):

- Join the project kick-off and design team kick-off (21.06) / 1,5 hours
- Team networking, 3 informal meetings with the design sprint team / 3x1 hour
- Supporting team research / team decision

Design sprint tasks and workload (05-09.07):

Methodological support in the designing process (process and team working expert) / 5 x 7.5 hours per day (including breaks)



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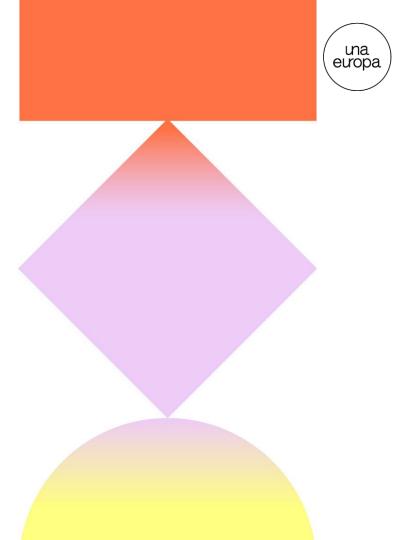
Experts

Pre-sprint tasks and workload (21.06-02.07):

- Join the project kick-off and design team kick-off (21.06) / 1,5 hours
- Guide the students through the problem and deliver introduction (short presentation and one pager) during informal meeting with the design sprint team and facilitator / 3x1,5 hour

Design sprint tasks and workload (05-09.07):

- Give expertise about the problem (day 1) / 7,5 hours
- Consult, advice and interview / if needed
- Participate in the pitching (day 5) / 7,5 hours

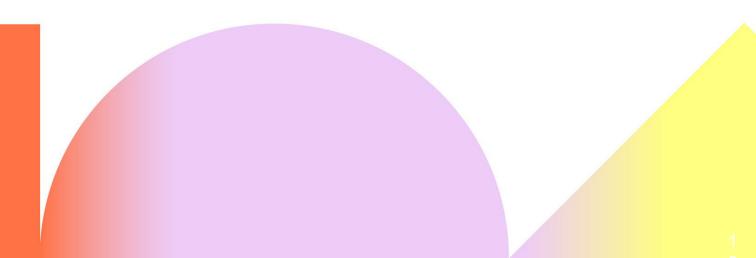


Testers

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Design sprint tasks and workload (05-09.07):

• Serve as testers for the prototypes, meet design teams and validate prototypes (day 4) / 0,5 hour per tester



Tools



Google Drive - common folder to share files



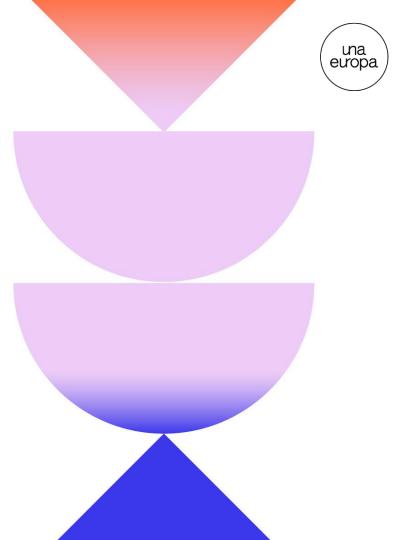
Slack – asynchronous communication, dedicated channels



Google Meet – for teamwork, interviews, video sessions



Virtual collaboration & whiteboard – miro.com



Design process framework



Design sprint – one methodology is recommended, but other design methodologies may be introduced by facilitators (if needed)

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5 days of workshops with some side events and pitching in the end



Common tools (Miro, Google Drive, Google Meet, Slack)



A facilitator works with each team all the time

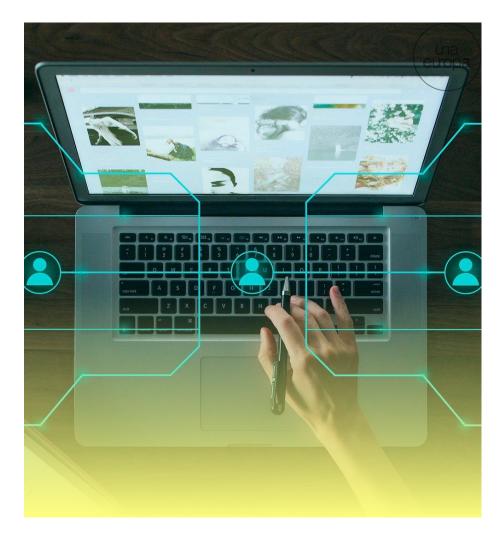


Open innovation format – all prototypes and concepts would be freely distributed on request

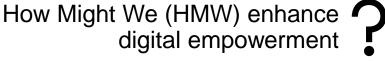


How might we increase the benefits and mitigate the risks of future digital experiences?

In the last decade people all over the world have experienced an unprecedented and extensive growth of digital dimensions in all aspects of everyday life, including such areas as education, work, social relations, communication, health and many others. This has brought numerous benefits, but also revealed various threats. How we might improve the benefits and mitigate the risks of our digital future based on previous experiences in the following challenge areas:



Digital Empowerment



Digital competences Digital inequalities Virtual migration Virtual emancipation

Digital Citizenship

HMW foster digital citizenship



E-government **E**-participation Virtual education Social relations



Digital Economy

HMW boost the digital economy 🌪



Cryptocurrencies Digital competences Fin-tech Sharing economy

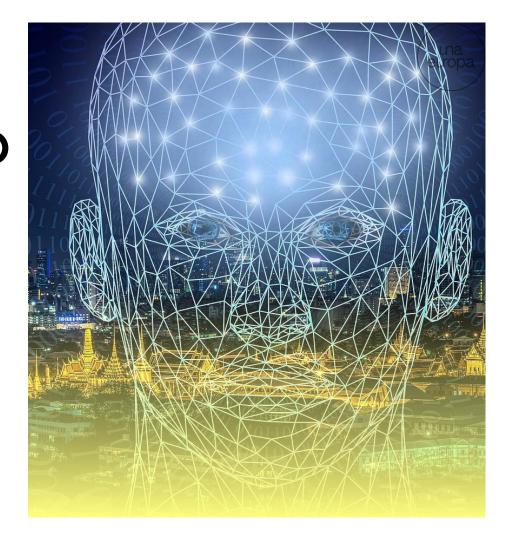


Augmented human

HMW embrace the augmented human



Trans- & post-human rights Extended mind AI & autonomous agents Human-robot interaction



Cyber Threats

HMW mitigate cyber threats



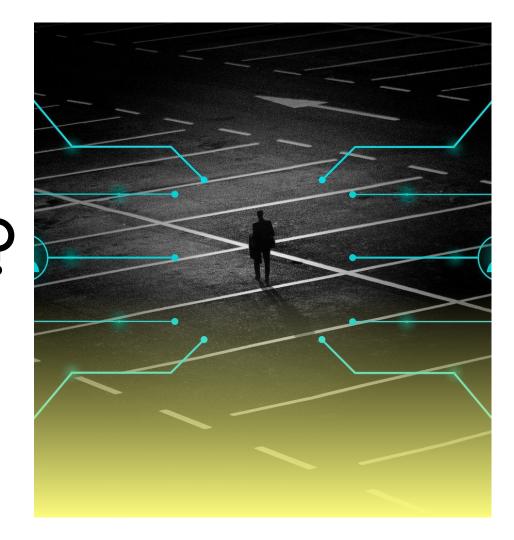
Cybercrimes Fake news Work-from-home security Consumers' rights

ct";function b(b){return this.each(func b){this.element=a(b)};c.VERSION="3.3.7",c.TRANSITION_DURAT "target");if(d||(d=b.attr("href"),d=d&&d.replace(/.*(?=#[/ .tab",{relatedTarget:b[0]}),g=a.Event("show.bs.tab",{rela (d);this.activate(b.closest("li"),c),this.activate(h,h.pai b",relatedTarget:e[0]})})}},c.prototype.activate=function "active").end().find('[data-toggle="tab"]').attr("aria-e offsetWidth, b. addClass("in")): b. removeClass("fade"), b. pa b"]').attr("aria-expanded", c()}var g=d.find("> .a length);g.length&&h?g.one tionEnd",f).emulateTu bsTran_ =b,a.fn.tab.Constructor=c ionflict=function() click.bs.tab.data-api", "tab"]',e).on("clic {return this.each(functi this),e=d.data("bs =function(b,d){this.opti {{},c.DEFAULTS,d),t ition,this)).on("click.bs.affix.data-api",a.proxy ull,this.checkPosition()};c.VERSION="3.3.7",c var e=this.\$target.sc**rollTop(),f=thi** turn null!=c?!(e+this.unpin<=

Mental well-being and social relations in the digital world

HMW improve mental well-being and social relations in the digital world





Contact us:

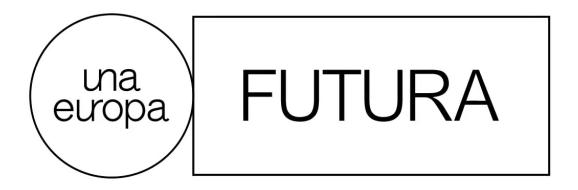
una.futura@uj.edu.pl











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