<table>
<thead>
<tr>
<th>University Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freie Universität Berlin</td>
</tr>
<tr>
<td>Alma Mater Studiorum Università di Bologna</td>
</tr>
<tr>
<td>The University of Edinburgh</td>
</tr>
<tr>
<td>Helsingin yliopisto</td>
</tr>
<tr>
<td>Uniwersytet Jagielloński w Krakowie</td>
</tr>
<tr>
<td>KU Leuven</td>
</tr>
<tr>
<td>Universidad Complutense de Madrid</td>
</tr>
<tr>
<td>Université Paris 1 Panthéon-Sorbonne</td>
</tr>
</tbody>
</table>
+ Freie Universität Berlin
+ Università di Bologna
+ The university of Edinburgh
+ Helsingin Yliopisto
+ Uniwersytet Jagielloński w Krakowie
+ KU Leuven
+ Universidad Complutense de Madrid
+ Université Paris 1 Panthéon-Sorbonne
Una Europa is an alliance of eight European universities
Una.Futura

Una.Futura is an open innovation design process aimed at developing solutions to address real challenges in the socio-economic environment that are connected with the impact of the digital revolution which influences changes in the social world.

This action is an element of the DIGITALIZED! project which is financed by the Polish National Agency for Academic Exchange as part of the Academic International Partnerships programme and the Excellence Initiative - Research University programme financed by the Polish Ministry of Science and Higher Education.
Challenges

Digital empowerment  
Digital citizenship  
Digital economy  
Augmented human  
Cyber threats  
Mental well-being and social relations in the digital world
Teams

- 6 challenges
- Up to 4 interdisciplinary teams per challenge
- 1 facilitator per team
- 1 expert per team
- 5 students in each team from at least 3 Una Europa universities
- 5 testers per team
Preparation phase

- Recruitment of students and PhD students: 28.04-21.05.21
- Evaluation of candidates and creation of teams: 24.05-01.06.21
- Official team announcement: 01.06.21
Una.Futura project

Pre-sprint
- Official project kick off (21.06)
- Design teams kick-off (21.06)
- Pre-sprint starts, research and informal networking (21.06-02.07)

Design sprint
- Sprint Kick off (05.07), running design sprint
- Concepts and rapid prototypes as the desired output

Post-sprint
- Una.Futura Concept Book (free pdf, concept solutions, teams, staff)
- Further improvements and design iterations by concerned teams possible on voluntary basis
Una.Futura Pre-sprint

Project kick-off 21.06

- Official Kick-off of the project
- Design team's kick-off
- Icebreakers and introductions

Check-point 1 22.06-02.07

- Individual & team research (flexible commitment)
- Team's networking
- Learning tools and methodology (asynchronous)
- Challenge scoping and insights

Check-point 2
# Una.Futura Pre-sprint

<table>
<thead>
<tr>
<th>WHO</th>
<th>Day 1 (21 June)</th>
<th>Week 1 (22-25 June)</th>
<th>Check point 1 (25 June)</th>
<th>Week 2 (28 June – 2 July)</th>
<th>Check point 2 (2 July)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone (design teams, facilitators, experts, testers, partners, organizing team)</td>
<td>Project kick-off</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>Commitment</td>
<td>1,5 h</td>
<td>---</td>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>Design teams, facilitators, experts</td>
<td>Design-team kick off</td>
<td>Individual research Challenge scoping</td>
<td>Presentation of insights and Challenge scoping</td>
<td>Individual research Challenge scoping</td>
<td>Presentation of refined insights Final decision on the Challenge scoping</td>
</tr>
<tr>
<td>Commitment</td>
<td>1,5 h</td>
<td>Flexible commitment based on declared availability</td>
<td>1,5 h</td>
<td>Flexible commitment based on declared availability</td>
<td>1,5h</td>
</tr>
</tbody>
</table>
Una.Futura Sprint

- Map & Sketch
- Decide
- Prototype
- Test
- Pitch

Sprint kick-off: 05.07
End of the project: 09.07
## Una.Futura Sprint

<table>
<thead>
<tr>
<th>Morning event</th>
<th>Day 1 (Map &amp; Sketch)</th>
<th>Day 2 (Decide)</th>
<th>Day 3 (Prototype)</th>
<th>Day 4 (Test)</th>
<th>Day 5 (Pitch)</th>
</tr>
</thead>
<tbody>
<tr>
<td>30’</td>
<td>Sprint kick off</td>
<td>Event TBA</td>
<td>Morning Una integration</td>
<td>Event TBA</td>
<td>None - extra sleep</td>
</tr>
<tr>
<td>Intro</td>
<td>5’ Goal of the day</td>
<td>Goal of the day</td>
<td>Goal of the day</td>
<td>Goal of the day</td>
<td>Goal of the day</td>
</tr>
<tr>
<td>Team workshops &amp; short breaks</td>
<td>3h Workshop 1</td>
<td>Workshop 3</td>
<td>Workshop 5</td>
<td>Workshop 7</td>
<td>Communication development</td>
</tr>
<tr>
<td>Main break</td>
<td>45’ Lunch break</td>
<td>Lunch break</td>
<td>Lunch break</td>
<td>Lunch break</td>
<td>Lunch break</td>
</tr>
<tr>
<td>Team workshops &amp; short breaks</td>
<td>3h Workshop 2</td>
<td>Workshop 4</td>
<td>Workshop 6</td>
<td>Workshop 8</td>
<td>Pitching &amp; Farewell</td>
</tr>
<tr>
<td>Outro</td>
<td>15’ Output presentation</td>
<td>Output presentation</td>
<td>Output presentation</td>
<td>Output presentation</td>
<td>Closing</td>
</tr>
<tr>
<td>Hours in total</td>
<td>7,5h</td>
<td>7,5h</td>
<td>7,5h</td>
<td>7,5h</td>
<td>7,5h</td>
</tr>
<tr>
<td>Evening networking &amp; freeride</td>
<td>Homework &amp; Informal team meeting</td>
<td>Evening intra-challenge integration</td>
<td></td>
<td></td>
<td>Una.Futura party</td>
</tr>
</tbody>
</table>
Una.Futura Post-sprint

- Una.Futura Concept Book (free pdf, concept solutions, teams, staff) and dissemination of the results
- Recognition by Una Europa
- Further improvements and design iterations by concerned teams possible on voluntary basis

12-31.07.21
# Main actors

<table>
<thead>
<tr>
<th>Role</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Design sprint teams*</td>
<td>Bachelor/ master students/ PhD students from various backgrounds and different universities / 5 per team from at least 3 Una Europa partner universities</td>
</tr>
<tr>
<td>Facilitators*</td>
<td>Design thinking/sprint coaches / one per team</td>
</tr>
<tr>
<td>Experts</td>
<td>Experts in design challenge areas (from academia or outside), including academic experts, users, citizens or others / one per team</td>
</tr>
<tr>
<td>Testers</td>
<td>Students who wish to support the process only during testing phase / 5 per team</td>
</tr>
</tbody>
</table>

* the commitment requires releasing from regular duties for the duration of the sprint (05-09.07.2021)
Design sprint teams

Bachelor/ master students/ PhD students from various backgrounds and different universities / 5 per team from at least 3 Una Europa partner universities

Pre-sprint tasks and workload (21.06-02.07):
- Join the project kick-off and design team kick-off (21.06) / 1,5 hours
- Individual & team research /
  (flexible commitment based on declared availability)
- Team networking, 3 informal meetings with the design sprint team and facilitator / 3x1,5 hour
- Tools and design methodology learning / individual student decision, asynchronous
- Challenge focusing / flexible commitment based on declared availability

Design sprint tasks and workload (05-09.07):
- Carrying out all design sprint activities including research, interviews, prototyping and producing all the output materials / 5 x 7.5 hours per day (including breaks)
Facilitators

Pre-sprint tasks and workload (21.06-02.07):
• Join the project kick-off and design team kick-off (21.06) / 1.5 hours
• Team networking, 3 informal meetings with the design sprint team / 3x1 hour
• Supporting team research / team decision

Design sprint tasks and workload (05-09.07):
Methodological support in the designing process (process and team working expert) / 5 x 7.5 hours per day (including breaks)
Experts

Pre-sprint tasks and workload (21.06-02.07):
• Join the project kick-off and design team kick-off (21.06) / 1,5 hours
• Guide the students through the problem and deliver introduction (short presentation and one pager) during informal meeting with the design sprint team and facilitator / 3x1,5 hour

Design sprint tasks and workload (05-09.07):
• Give expertise about the problem (day 1) / 7,5 hours
• Consult, advice and interview / if needed
• Participate in the pitching (day 5) / 7,5 hours
Testers

Design sprint tasks and workload (05-09.07):
• Serve as testers for the prototypes, meet design teams and validate prototypes (day 4) / 0.5 hour per tester
Tools

- Google Drive - common folder to share files
- Slack – asynchronous communication, dedicated channels
- Google Meet – for teamwork, interviews, video sessions
- Virtual collaboration & whiteboard – miro.com
Design process framework

- **Design sprint** – one methodology is recommended, but other design methodologies may be introduced by facilitators (if needed)

- **5 days of workshops with some side events and pitching in the end**

- **Common tools** (Miro, Google Drive, Google Meet, Slack)

- **A facilitator works with each team all the time**

- **Open innovation format** – all prototypes and concepts would be freely distributed on request
How might we increase the benefits and mitigate the risks of future digital experiences?

In the last decade people all over the world have experienced an unprecedented and extensive growth of digital dimensions in all aspects of everyday life, including such areas as education, work, social relations, communication, health and many others. This has brought numerous benefits, but also revealed various threats. How we might improve the benefits and mitigate the risks of our digital future based on previous experiences in the following challenge areas:
Digital Empowerment

How Might We (HMW) enhance digital empowerment?

- Digital competences
- Digital inequalities
- Virtual migration
- Virtual emancipation
Digital Citizenship

HMW foster digital citizenship?

E-government
E-participation
Virtual education
Social relations
Digital Economy

HMW boost the digital economy?

Cryptocurrencies
Digital competences
Fin-tech
Sharing economy
Augmented human

HMW embrace the augmented human ?

Trans- & post-human rights
Extended mind
AI & autonomous agents
Human-robot interaction
Cyber Threats

HMW mitigate cyber threats?

Cybercrimes
Fake news
Work-from-home security
Consumers’ rights
Mental well-being and social relations in the digital world

HMW improve mental well-being and social relations in the digital world

Stress
Loneliness & depression
Mental & behavioural disorders
e-health & care
Contact us:
una.futura@uj.edu.pl